



博愛通訊 eNewsletter

博愛信箱/P.O. Box 32988, San Jose, CA 95152 • 留言/Voice Mail: 408-5200-BCS • website: www.bcs-usa.org • Email: board@bcs-usa.org

博愛近期重要事項 / BCS Upcoming Events

日期	事項	Events	地點/Location
10/10	校務會議	Board Meeting 9:15 - 11:15 am	Sierramont Library
10/10	教師會議	Teacher's Meeting	Online
10/17	火警演習	Fire Drill	Morrill/Sierramont
10/17	家長、學生手冊 簽名表提交	Parent & Student Handbook Signature Sheet Due	Campus Office
10/18	重陽節	Double Ninth Festival	
10/24	園遊會義工會議	Fall Carnival Helpers Meeting 9:30am	Sierramont Library
10/31	秋季園遊會 兒童文化班停課一天 成人文化班照常上課	Fall Carnival 11:30 am - 2:00 pm No Student culture classes Adult Culture classes as normal	Sierramont

本期摘要 This Week's Content

- 學校通訊 School Announcements
- 地震防災須知 Earthquake Preparedness Guide
- 緊急事故及火警指引 Fire/Emergency Protocol
- 博愛成人文化/興趣班 招生中 Adult Culture/Interest Class Enrollment
- 秋季園遊會 Fall Carnival
- 飛洋會話趣 (招募志工學生) Fast Fluency International Tutoring Program Young Leaders
- 【飛洋會話趣】簡介 FFITP Introduction
- 北加州中文學校聯合會消息 ANCCS News
- 你認識台灣小吃嗎? Taiwanese Street Food/Snacks

校區巡邏人員 Campus Parent Patrol

	巡邏人員 Parent Patrol Assignment	報到時間 Reporting Time
語文班	MO, CFL0, CFL8, M5	8:45AM
文化課	CC, AP	11:30AM

各班級請派兩名巡邏家長到校園辦公室報到。

Please have two parents per class report to the campus office.

班級巡邏時間表請參考 [Campus Parent Patrol Assignment Schedule](#)

Refer to the [Campus Parent Patrol Assignment Schedule](#).

家長、學生手冊 Parent & Student Handbook (2026-27)

家長和學生手冊已在網站發布及下方提供，請點擊並仔細閱讀手冊。

Please review in detail the Parent & Student Handbook posted below.

click  [家長、學生手冊 Parent & Student Handbook \(2026-27\)](#)



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教室指南 Classroom Guidelines

請在教室外飲食。

請保持教室清潔。

請勿進入和停留在非授課的教室內。

請勿在教室內碰觸或使用任何日校(非博愛中文學校)的物品 (例如: 洗手液)

請於使用課室前為課室拍照，下課後請將教室還原照片中的狀況。目的是確保日校安心借出課室，保持良好租賃關係。

在下課後，教室值日家長須填妥教室清查單，交回辦公室。並請在課後為教室拍照。

Please **eat and drink OUTSIDE** the classroom.

Please **keep the classroom CLEAN**.

DO NOT enter classrooms that are not in use.

DO NOT touch or use any day school items in the classroom (e.g. hand sanitizer).

Please **take photos** of the classroom **before and after** class. **RESTORE** the classroom to the original condition at the end of the class, as BCS would like to maintain a good relationship with the day school.

After class, the Room Parent must complete and submit the Classroom Checklist to the campus office.



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地震防災須知 Earthquake Preparedness Guide

生活在舊金山灣區，我們享受著豐富多樣的自然環境，包括美麗的海岸線、廣闊的自然保護區，以及充滿活力的社區。然而，在這片美麗的環境之下，也存在著地震活動頻繁的區域。

南灣地區鄰近三條主要的活躍斷層：聖安德烈亞斯斷層、海沃德斷層和卡拉韋拉斯斷層。未來發生大地震的可能性不容忽視，因此，平時做好防震準備與安全演練非常重要。

1. 掌握「蹲下、掩護、抓牢」的防震方法

地震發生時，請記住「蹲下、掩護、抓牢」：

- **蹲下**：立即蹲下或跪伏在地面，降低身體重心。
- **掩護**：躲到堅固的桌子或桌台下方，保護頭部和頸部。
- **抓牢**：抓住桌腳或桌子，直到震動停止。

2. 做好居家的抗震措施

平時做好居家防震，可以降低地震時受傷的風險：

- 將書櫃、衣櫃等重型家具固定在牆上。
- 固定可能因震動而倒下或掉落的重物。
- 將較重的物品放在較低的位置。

3. 準備一個 72 小時應急包

地震後可能暫時無法取得水、食物或其他生活必需品，因此建議準備至少可供 72 小時使用的應急物資，包括：

- **飲用水**：每人每天約 1 加侖（約 3.8 公升）。
- **食物**：準備不需要冷藏、容易保存的食物。
- **醫療用品**：急救包及個人所需的藥品。
- **其他用品**：手電筒、備用電池、哨子等。

4. 制定家庭通訊計劃

地震發生後，當地的電話與手機網路可能因大量使用而暫時壅塞。因此，可以事先指定一位居住在外地的親友作為家庭主要聯絡人。

- 事先與家人約定聯絡方式。
- 將重要聯絡電話寫下來，避免完全依賴手機。
- 確認每位家人都知道集合地點及緊急聯絡人的資訊。

相關資源

- [加州地震預警](#)
- [加州災害防備 \(Listos California\)](#)
- [南灣地區斷層資訊 \(USGS\)](#)

保持警覺、提前準備，
就是面對地震最重要的第一步。



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Living in the San Francisco Bay Area, we enjoy a rich and diverse natural environment, including beautiful coastlines, expansive open spaces, and vibrant communities. Yet beneath this beauty lies a seismically active and complex region.

The South Bay area is near three major active faults: the **San Andreas Fault, Hayward Fault, and Calaveras Fault**. The possibility of a major earthquake occurring in the next 30 years is significant. By preparing ahead of time and practicing earthquake safety drills, we can help protect ourselves and our loved ones.

1. Master “Drop, Cover, and Hold On”

When an earthquake strikes, remember:

- **Drop:** Drop to your hands and knees to lower your center of gravity.
- **Cover:** Get under a sturdy desk or table and protect your head and neck.
- **Hold On:** Hold on to the desk or table until the shaking stops.

2. Earthquake-proof your home

Taking simple steps to secure your home can help reduce the risk of injury:

- Secure bookshelves, cabinets, and other heavy furniture to the wall.
- Secure heavy objects that could fall or tip over during an earthquake.
- Store heavier items on lower shelves.

3. Prepare a 72-hour emergency kit

After a major earthquake, water, food, and other necessities may not be immediately available. Prepare enough emergency supplies to last at least 72 hours, including:

- **Water:** About 1 gallon per person per day.
- **Food:** Non-perishable foods that do not require refrigeration.
- **Medical supplies:** A first aid kit and personal medications.
- **Other essentials:** Flashlights, extra batteries, whistles, and other emergency supplies.

4. Establish a family communication plan

After an earthquake, local phone and cell networks may become overwhelmed. Consider designating an **out-of-state relative or friend** as your family’s primary emergency contact.

- Discuss how your family will communicate in an emergency.
- Keep important phone numbers written down in case you cannot rely on your phone.
- Make sure everyone knows your family’s meeting place and emergency contact information.

Helpful Resources

- [California Earthquake Early Warning](#)
- [Listos California — Disaster Preparedness](#)
- [Bay Area Faults — USGS](#)

**Stay alert, prepare ahead,
and be ready to act.**



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為了在緊急情況下確保學生、家長和教職員的安全，BCS 將於 2026 年 10 月 17 日舉行消防/緊急安全演習。所有家長應仔細閱讀演習說明並與我們的學校管理團隊合作。

緊急事故及火警演習指引

演習日期: 十月十七日(星期六)

09:10 am	廣播 (10am) 進行緊急事故及防火演習	[校區經理]
10:00 am	忽略課間鈴	
10:01 am	警鈴第一次響 (持續15 秒) 所有老師要求學生躲在桌子下	[校區經理]
10:02 am	警鈴第二次響 (持續15 秒) 所有老師按“緊急疏散路線圖”(Evacuation Map)上之指示，引導學生撤離教室，並帶隊至指定集合地點。書包等物應留在教室。	[校區經理]
10:05 am	所有學生在指定集合地點按班別排列成行 老師會重新點名，並與課堂開始時的點名紀錄進行核對，以確認學生人數無誤。每班均必須在網上提交點名報告 (Class Roll Call / Missing Student Report)。若有學生缺席或失聯，請務必通知校區經理。	[老師/值日家長 /班代表]
10:15 am	校區經理解散各班學生 確定全員到齊後，由老師帶領學生回教室。	[校區經理]
10:20 am	開始休息時間	

兩個校區的緊急疏散地圖附於以下頁面：



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To ensure the safety of our students, parents, and staff in case of emergency, BCS will have a fire/emergency safety drill on 10/17/2026. All parents should read the drill instructions carefully and work together with our school administration teams.

Fire/Emergency Drill Instruction

Date of Drill: **OCT-17-2026** (Saturday)

09:10am	Pre-announce the drill time (10am) through PA	[Campus Mgr]
10:00am	Ignore recess bell	All
10:01am	1 st alarm (use megaphone on PA, 15 sec) All teachers instruct their students to hide under their desks.	[Campus Mgr]
10:02am	2 nd alarm (use megaphone on PA, 15 sec) All teachers instruct their students to evacuate according to the Emergency Evacuation Instruction and Map immediately. (DO NOT bring backpacks or any heavy items from classrooms.)	[Campus Mgr]
10:05am	All students line up at the designated area Evacuation maps for each campus are distributed to teachers & campus managers before the day of drill. Teachers will bring a student roll call list taken at the start of class to the designated evacuation area. In order to account for all students, teachers will take roll again at the evacuation site. After the roll call, teachers will submit the online roll call and notify campus manager if any students are missing.	[Teachers / Room Parents / Class Representative / Class Liaison]
10:15am	Wait for dismissal instruction from campus manager After all roll call lists are collected and all students are accounted for, the campus manager will give the dismissal instruction. Teachers will instruct their students to walk back to their classrooms.	[Campus Mgr]
10:20am	Recess	

Emergency Evacuation Map for both campuses are attached in the following pages :



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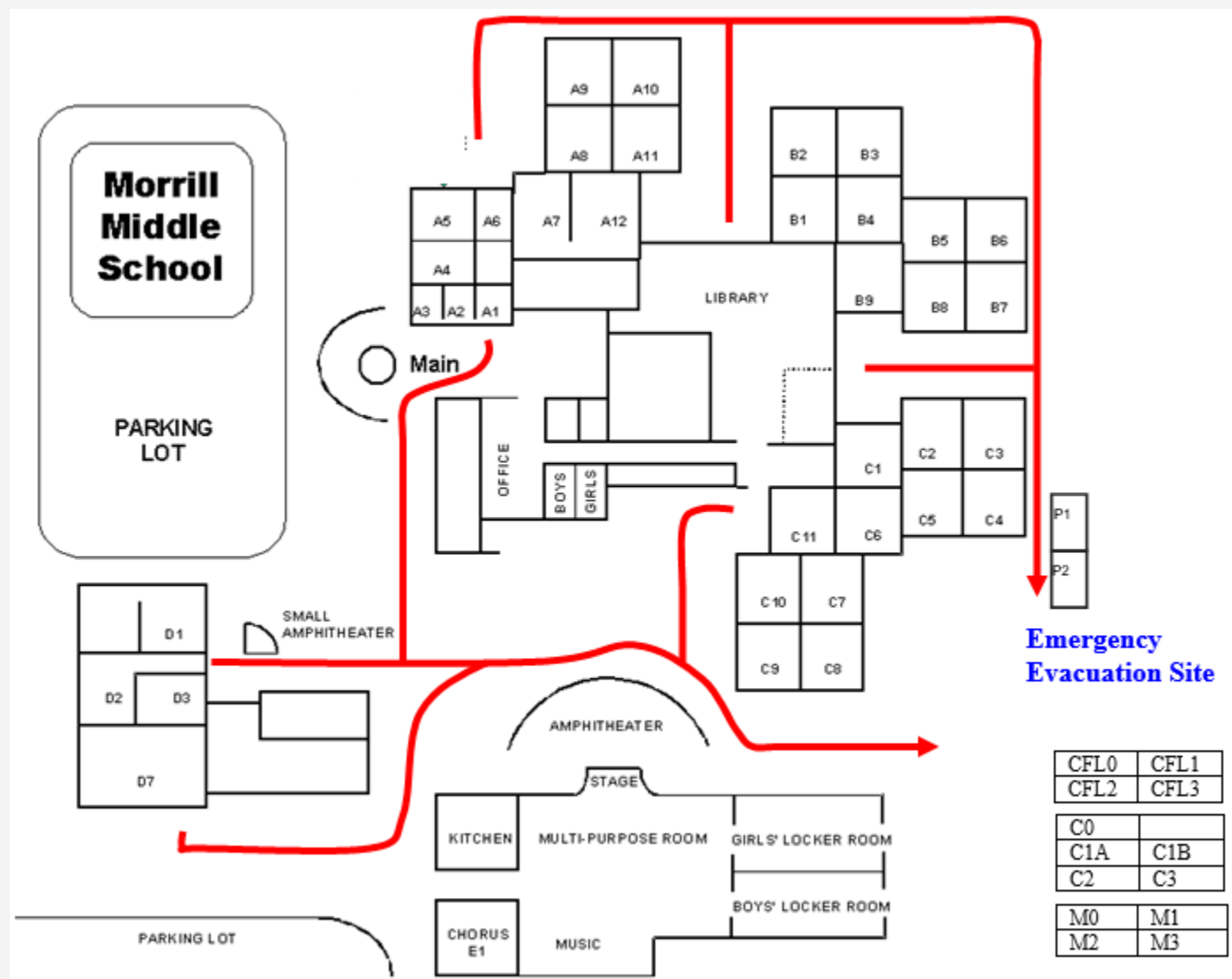


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MORRILL MIDDLE SCHOOL



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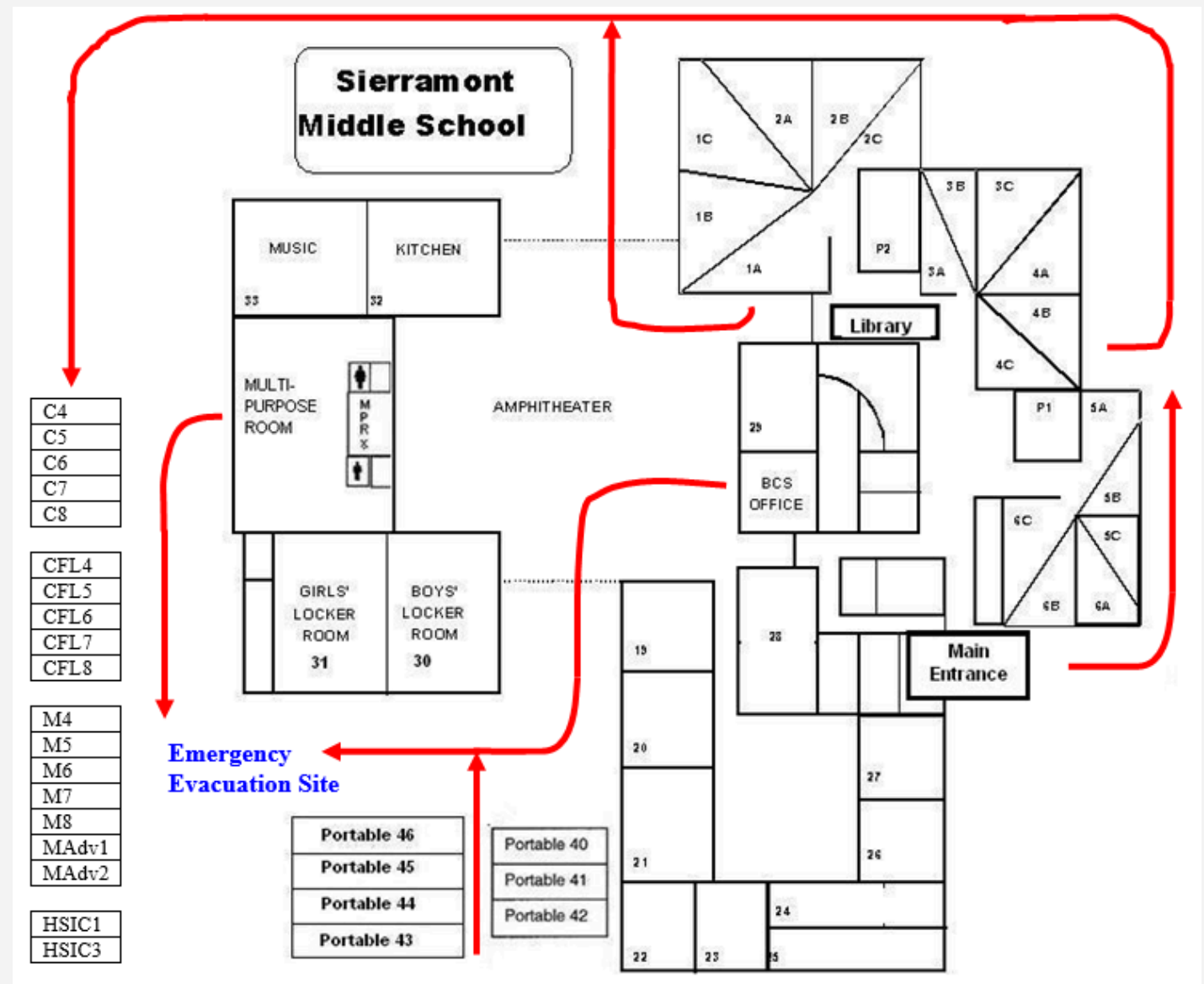


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博愛成人文化/興趣班 招生中 Adult Culture/Interest Class Enrollment

成人班可以讓家長們在孩子上課時，跟其他家長們一同學習或運動。

Adult classes provide the opportunity for parents to learn new skills or exercise while students are in class.

文化/興趣班招生中!!! The following cultural/interest classes are still open for enrollment:

Morrill (成人)

LA1 太極拳 Tai-Chi Chuan (10:00-11:00am)

LA4 成人羽毛球 Adult Badminton (9:15-10:15am)

LA7 成人粵語會話班 Cantonese Conversation for Adults (10:20-11:20am)



Tai-Chi Chuan
太極拳
常打太極拳 益壽又延年

Practicing Tai Chi promotes health, prolongs life, and enhances longevity.
Morrill Middle School (in MPR)
10am - 11am Saturday

Register Here
在此註冊

Adult Cantonese Conversation

SATURDAY
MORRILL BCS OFFICE

THIS COURSE FOCUSES ON JYUTPING, CHARACTER RECOGNITION, LISTENING, AND SPEAKING SKILLS (NO WRITING REQUIRED).

KEY TOPICS:

- READING CANTONESE WITH JYUTPING (PHONICS)
- ESSENTIAL EVERYDAY EXPRESSIONS (E.G., "I WANT," "I LIKE")
- DAILY CONVERSATION SCENARIOS (ASKING FOR DIRECTIONS, TELLING TIME, ETC.)

TEACHER BIO:
WILLIE LOU IS THE EXECUTIVE DIRECTOR OF A SANTA CLARA-BASED CANTONESE CURRICULUM PUBLISHER. HE IS A LICENSED MONTESSORI TEACHER, HOMESCHOOLED HIS TWO CHILDREN IN CANTONESE, AND HAS LED THE CANTONESE ALLIANCE'S WEEKLY CONVERSATION PRACTICE SESSIONS SINCE 2023.

REGISTRATION DETAIL:
REGISTRATION STARTS NOW.
1ST CLASS WILL BE HELD ON 9/19/2026.



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Sierramont (成人) 10:00am-11:00am

SA1 舞動瑜珈 Yoga & Dance



舞動瑜珈
Yoga & Dance

Find your balance between movement and stillness

Every Saturday 9:30 AM – 10:30 AM
Sierramont Middle School (in MPR stage)
Suitable for all levels – beginners welcome!
Class Code: SA1

SA6 成人插花 Adult Floral Arrangement (bi-weekly 9:15-11:15am)



FLORAL ARRANGEMENT 插花班
@SIERRAMONT CAMPUS

成人插花班
Adult Flower Arrangement Class
9:15am - 11:15am (bi-weekly)

想用充滿花香與美感的方式，開啟嶄新的一天嗎？歡迎加入我們的插花班！親手製作精緻花束，在花藝創作中收穫滿滿驚喜與成就感。課程將一步步帶領你完成令人驚艷的插花作品，完全不需要任何經驗。無論你是初學者，還是想透過插花放鬆心情、激發創造力，都能在這裡找到屬於自己的樂趣。與好友一同體驗花藝之美，在輕鬆愉快的氛圍中享受愜意時光。

Looking for a fun way to start the morning? Come get your hands a little dirty and leave with something beautiful. In this hands-on class, you'll learn how to put together a stunning floral arrangement — no experience necessary. Whether you're a beginner or just looking for a creative outlet, this is the perfect excuse to slow down, chat with great people, and play with flowers.

WHAT YOU WILL LEARN:

- Choose and cut flowers to create a balanced design for beautiful bouquets
- Design artistic floral arrangements for any occasions
- Create unique corsages and boutonnieres for special occasions
- Create flower leis for graduations

CLASS INFO:

- Class Code: SA6
- Tuition: \$340
- Additional materials fees may apply. 酌收材料費。
- Start Date: September 12, 2026
- Location: Sierramont Middle School

TO REGISTER:

- Visit: [bcs-usa.org/registration-forms](https://www.bcs-usa.org/registration-forms)

SA9 成人毛筆書法 Chinese Calligraphy



Chinese Calligraphy(1)
毛筆書法(一)

Registration Details
2026-2027學年博愛中文學校文化班開始招生, 9/12/2026週六為上課首日, 最遲於9/12/2026前仍歡迎報名。
BCS cultural class registration starts now. Saturday 9/12/2026 is the 1 st day of the 2026-2027 school year. Welcome to register cultural classes before 9/12/2026.

CLASS HIGHLIGHTS	CLASS DETAILS
- Fundamental Brush Techniques - Hands-on Practice - Training Proper Posture & Control - Mindfulness and Discipline	ADULT CLASS 9:05 AM TO 10:05 AM KID CLASS 10:15 AM TO 11:15 PM AT SIERRAMONT MIDDLE SCHOOL MPRX: 3155 KIMBLE DR. SAN JOSE CA 95132

Kid Registration Form
Adult Registration Form



註冊詳情，請點擊以下鏈接
For registration details,
click the link below:

<https://www.bcs-usa.org/registration-forms/成人文化班註冊表格 Adult Cultural Class Registration Form>



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The poster is decorated with autumn-themed illustrations including yellow and orange leaves, red berries, and pumpkins. At the top left is the Berryessa Chinese School logo, a circular seal with the text 'BERRYESSA CHINESE SCHOOL', '博愛', and 'SINCE 1985'. To its right is the school's name in Chinese and English, followed by its address and contact information.

博愛中文學校
BERRYESSA CHINESE SCHOOL
P.O. Box 32988, San Jose, CA, 95152 Voice Mail(408)5200-BCS Email: board@bcs-usa.org

秋季園遊會
Fall Carnival

October 31, 2026
11:30 am - 2:00 pm
(Sierramont Middle School)

Game Booths (遊戲攤位)
Food Stalls (小吃攤)
Halloween Costume Competition (萬聖節服裝比賽)
Arts & Crafts (美術和工藝)
Music Performance (音樂表演)


攤位報名二維碼
Booth registration QR code

For BCS students, families and members & invited guests



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2026–2027 Fast Fluency International Tutoring Program Young Leaders

If you are:

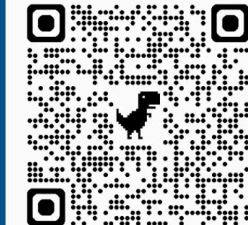
- Student in 8th grade or above
- Passionate about international engagement, community service, communication
- Strong communicator and collaborator

What you'll gain:

- Develop leadership & teamwork skills
- Build friendships across diverse backgrounds
- Earn community service hours
- Official certificate upon completion

What You'll Do:

- Lead 40 minute online English sessions with elementary students in Taiwan
- Build cross-cultural relationships



Scan to
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now!



Questions? Contact
wangwufoundation@gmail.com



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【飛洋會話趣】簡介 FFITP Introduction

「飛洋會話趣」(FFITP) 是由加州「Wang & Wu 基金會」所發起的教育志工計畫。

核心使命與計畫概述

該計畫旨在連結青年志工導師（主要為北美的高中生）與偏鄉或資源匱乏地區（如台灣偏鄉）的國中小學生，透過一對一或小組線上互動，提升學童的英語口語能力並促進國際文化交流。

FFITP 的主要特色

- * 線上英語輔導：高中志工定期提供線上英語會話練習與課業輔導，協助幼童建立口語流利度、聽力與自信心。
- * 年度成果展與表揚：計畫每年舉辦 FFITP 成果展（Expo），展現學生的學習成果、表揚指導教師，並頒獎肯定長期投入社區服務的志工導師。
- * 領導力與志工時數：對志工導師而言，該計畫提供了累積服務時數、鍛鍊教學與領導技能，以及參與跨文化服務的絕佳機會。

The Fast Fluency International Tutoring Program (FFITP) is an educational volunteer initiative organized by the California-based Wang & Wu Foundation.

Core Mission & Overview

The program connects student volunteer tutors — primarily high school students in North America — with elementary and middle school students in remote, rural, or underserved regions (such as rural Taiwan) to promote English language proficiency and international cultural exchange.

Key Features of FFITP

- Online English Tutoring: High school tutors provide regular online, one-on-one or small-group English conversational practice and lesson support to help young learners build fluency, confidence, and listening skills.
- Annual FFITP Expo & Recognition: The program hosts an annual showcase event (FFITP Expo) to celebrate student progress, award master teachers, and honor student tutors who demonstrate long-term dedication to educational community service.
- Leadership & Volunteer Hours: For the student tutors, FFITP provides an opportunity to earn volunteer hours, develop teaching and leadership skills, and engage in cross-cultural service.



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September 2026 第49屆月刊第二期

聯合會近期重要活動	
日期	事項
10/10 (Sat)	中華民國雙十國慶升旗典禮 上午 南灣雙十國慶升旗 / 下午 北灣升旗典禮聖瑪麗廣場
10/18 (Sun)	第一次教學研討會
11/8 (Sun)	華語文能力測驗
12/6 (Sun)	秋收創意文化市集 + 拔河比賽



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你認識台灣小吃嗎？ Taiwanese Street Food/Snacks

☀ 猜猜我是誰！

看看小吃的名字，把正確的食物連起來。

小吃

提示

- | | |
|--|--------------------|
|  珍珠奶茶 | A. 外酥內軟，常常淋上醬汁 |
|  鹽酥雞 | B. QQQ的珍珠，配上香甜的奶茶 |
|  蚵仔煎 | C. 香香酥酥的炸雞塊 |
|  鳳梨酥 | D. 有蛋、有蚵仔，還有蔬菜 |
|  蔥油餅 | E. 外皮酥酥的，裡面有香甜的鳳梨餡 |

答案：

珍珠奶茶 → __ 鹽酥雞 → __ 蚵仔煎 → __
鳳梨酥 → __ 蔥油餅 → __

👁 小小美食家

選一種台灣小吃，畫一畫它！

我畫的是：_____

它吃起來：

- ☐ 甜甜的 ☐ 鹹鹹的 ☐ 香香的
☐ 酥酥的 ☐ QQQ的

🍴 你吃過嗎？

請在吃過的食物旁邊畫 ★。

- ☐ 珍珠奶茶 ☐ 鹽酥雞 ☐ 蚵仔煎
☐ 鳳梨酥 ☐ 蔥油餅 ☐ 臭豆腐

我最想吃的是：_____

★ 挑戰題

請用 3~5 個詞語介紹你喜歡的台灣小吃。

小吃名稱：_____

我喜歡它，因為：



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如有任何問題或建議，令到博愛中文學校可以得到改善，請電郵至各部門的主管，謝謝大家！

If you have any questions or suggestions for improvement concerning BCS, please feel free to reach out to our leadership listed below.



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